#### TO: Athletic Director

**Girls Gymnastics Coach**

**FROM: John Stelzer, Athletic Director**

**Oak Park River Forest High School**

**RE: IHSA Girls Gymnastics Regional**

**Tuesday, January 30, 2018**

**Attached is the rotation, time schedule, and pass gate list.**

**Please return the pass gate information by:** Friday, January 26, 2018.

**IMPORTANT REMINDERS:**

**Athletic Office fax number: 708-434-3913**

**Phone number: 708-434-3500**

**TIME SCHEDULE:**

**Teams arrive 4:30pm**

**Warm-ups begin 5:00pm**

**Doors open 5:15pm**

**Warm-ups conclude 5:40pm**

**March-in 5:50pm**

**National Anthem 5:55pm**

**Competition begins 6:00pm**

**ADMISSION: $5 for students and spectators**

**TEAM BUSES: Team busses may park on Scoville Ave near door 3 or in the alley between school building and parking garage.**

**PARKING: Parking is available in the parking garage at Lake and East Ave.**

**Spectators must pay for parking according to the Village of Oak Park, instructions upon entering the garage.**

**Please enter at DOOR 3 and proceed up the stairs inside the South Hall to the gymnastics gym.**

**CONCESSIONS: We will have light concessions at the event.**

**HOSPITATLITY ROOM: There will be a hospitality room for officials and coaches.**

**OAK PARK RIVER FOREST HIGH SCHOOL**

**GIRLS REGIONAL GYMNASTICS**

**TUESDAY, JANUARY 30, 2018**

**WARM-UP ROTATION**

1. **Elmhurst (York)**
2. **Carol Stream (Glenbard North)**
3. **Oak Park (Oak Park River Forest)**
4. **DeKalb (DeKalb)**

ROTATION VAULT BARS BEAM FLOOR

**5:00 – 5:10 YORK OPRF GBN DEKALB**

**5:10 – 5:20 GBN DEKALB OPRF YORK**

**5:20 – 5:30 OPRF YORK DEKALB GBN**

**5:30 – 5:40 DEKALB GBN YORK OPRF**

**5:40 CLEAR FLOOR**

**5:50 MARCH IN**

**5:55 NATIONAL ANTHEM**

**6:00 MEET BEGINS**

**COMPETITION ORDER**

VAULT BARS BEAM FLOOR

1. **YORK OPRF GBN DEKALB**
2. **GBN DEKALB OPRF YORK**
3. **OPRF YORK DEKALB GBN**
4. **DEKALB GBN YORK OPRF**

**NOTE: OUR VAULT RUNWAY IS A MAXIMUM DISTANCE OF 68 FEET.**